



RESOURCE GUIDE TO RACIAL EQUALITY

The Junior League of Summit is an organization that believes in building better communities and strives for leadership excellence. Many of us have asked what can be done and we continue to search for the right answers. This resource guide is the beginning of the conversation.

Today and every day, we give support to our Black members – and all members of color —neighbors, friends, coworkers, partners...and as an organization we pledge to be an authentic ally in this fight for justice.

Speak up!

What can I do about:

- Negative remarks?
- A bias boss?
- Sibling slurs?
- Casual comments?
- Biased bullying?

Here is a link to help guide you with those uncomfortable conversations.

https://www.tolerance.org/sites/default/files/general/speak_up_handbook.pdf



Read

Read a book to educate yourself about the history of systemic racism within America.

Common Sense Media

Searchable list books about Racism and Social Justice.

<https://www.common sense media.org/lists/books-about-racism-and-social-justice>

If You Want to Learn About Anti-Racism, These 10 Books Are a Start - Esquire

<https://www.esquire.com/entertainment/books/g32733124/best-books-on-anti-racism/>

16 Books About Race That Every White Person Should Read – Huff Post

https://www.huffpost.com/entry/16-books-about-race-that-every-white-person-should-read_n_565f37e8e4b08e945fedaf49

7 books about racism every adult should read right now – The New York Post

<https://nypost.com/2020/06/03/7-books-about-racism-every-adult-should-read-right-now/>



Talk to your kids

Below are links to video and book recommendations to help speak to your kids about race relations.

Common Sense Media

Searchable list books about Racism and Social Justice.

<https://www.commonsensemedia.org/lists/books-about-racism-and-social-justice>

Your Kids Aren't Too Young to Talk About Race: Resource Roundup by Katrina Michie

<https://www.prettygooddesign.org/blog/Blog%20Post%20Title%20One-5new4>

Looking for Excellent “Diverse” Books for Children? Start Here!

<https://www.embracerace.org/resources/26-childrens-books-to-support-conversations-on-race-racism-resistance>

Help your kids take action against racism. “Don’t ignore racism because it makes you uncomfortable.”

- Girl Scouts of the United State of America

<https://www.girlscouts.org/en/raising-girls/leadership/civic-action/racism-and-kids.html>



Watch a movie or documentary

Below are links to recommendations for kids and adults.

Watch the entire CNN/Sesame Street racism town hall

<https://www.cnn.com/2020/06/06/app-news-section/cnn-sesame-street-race-town-hall-app-june-6-2020-app/index.html>

13 movies about racism on NETFLIX

<https://bestmoviesrightnow.com/movies-about-racism-on-netflix/>

The 25 Best Movies About Racism of All Time

<https://www.imdb.com/list/ls069716625/>

15 Kid-Friendly Movies to Help Build a Conversation About Race and Racism

<https://www.womansday.com/life/entertainment/g32745225/movies-about-race-racism-kids/>



Watch a video

Listen to a Ted Talk.

Suggested videos below:

Color Blind or Color Brave? – Melody Hobson

https://www.ted.com/talks/mellody_hobson_color_blind_or_color_brave?utm_campaign=tedsread&utm_medium=referral&utm_source=tedcomshare

How to Overcome Our Biases/ Walk Boldly Toward Them. – Verna Myers

https://www.ted.com/talks/verna_myers_how_to_overcome_our_biases_walk_boldly_toward_them



Follow

Explore these organizations doing important work in racial equality and social justice.

10 Racial-Justice Organizations That You Should Support - Ben and Jerry's

<https://www.benjerry.com/whats-new/2019/02/racial-justice-organizations>

Partners of Black Lives Matters

<https://blacklivesmatter.com/partners/>

115 Ways to Donate in Support of Black Lives and Communities of Color - New York Magazine

<https://nymag.com/strategist/article/where-to-donate-for-black-lives-matter.html#victim-memorial>



Act

Listen to others, empathize, learn, and listen. Below are ways to begin the conversation:

Beyond Protests: 5 More Ways To Channel Anger Into Action To Fight Racism

<https://www.npr.org/sections/health-shots/2020/06/07/870251488/beyond-protests-5-more-ways-to-channel-anger-into-action-to-fight-racism>

Talk to your Black colleagues. Your Black Colleagues May Look Like They're Okay — Chances Are They're Not by Danielle Cadet

<https://www.refinery29.com/en-us/2020/05/9841376/black-trauma-george-floyd-dear-white-people>

Dear White People: Here Are 10 Actions You Can Take To Promote Racial Justice In The Workplace

<https://www.forbes.com/sites/danabrownlee/2020/06/01/dear-white-people-here-are-10-actions-you-can-take-to-promote-racial-justice-in-the-workplace/>



Additional Resources

Meet Anguish with Action – Obama Foundation, mission is to inspire, empower, and connect people to change their world.

<https://www.obama.org/>

How to Make this Moment the Turning Point for Real Change, President Barack Obama

<https://medium.com/@BarackObama/how-to-make-this-moment-the-turning-point-for-real-change-9fa209806067>

An Essential Anti-Racist Reading List, Vogue Britain

<https://www.vogue.co.uk/arts-and-lifestyle/article/black-lives-matter-reading-list>

Take the Harvard Implicit Bias Test

<https://implicit.harvard.edu/implicit/takeatest.html>

